News Matters

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Welcome to our latest edition, we hope that you will enjoy reading about what our members, staff and volunteers have been doing this past month. If you would like to find out more about People Matters and the services we offer, please go to www.peoplemattersleeds.co.uk

Member Spotlight

This month we feature Armarni, one of our Teens & Twenties members,

she also gets 1-2-1 support> Armarni says that since joining her confidence has grown massively. She has tried lots of activities such as Lazer Zone, which she was initially unsure about. Armani told us that she enjoys feeling more independent. Armani is a great support for other members who may find activities difficult. She also loves being able to catch up with friends. Armarni is very excited for this year's residential and will be going on some of the summer & Easter trips again. She really enjoyed them last year particularly the canal boat and Blackpool trips and Seagulls paint, making a mosaic. The Teens & Twenties groups are a great opportunity for people to try new things.



Neurodiversity week, ran from Monday 18th March, is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences. It aims to transform how neurodivergent individuals are perceived and supported. As a Disability Confident Leader we support any of our Staff, Volunteers and Members who are neurodiverse.

Employment

"The Monday and Tuesday job clubs went to a Reverse Job Fair on 4th March at Leeds Civic Hall. After researching online, it was suggested that members create personal display boards. On my board, I had information about my past volunteering as well as my interests like learning languages and researching history. I also took two Lego models to show my interest in Lego and motor racing.

The job fair was really helpful, it was better than past job fairs. It was less overwhelming, less formal, and more focused on the job seeker as a person. Good for those who struggle with noisy, crowded places too."

By Thomasin Lamin



Tomasin at the Reverse Job Fair (above) and In the Tuesday Job Club at Barkston House. (right)



Fundraising

Our first fundraising event of the year was the Bowlathon. The aim was to reach 1000 points, and we are pleased to say our wonderful members smashed this target with 1841 points!

With sponsors, donations and a mini Easter raffle we have raised a massive £571!! Thanks to all who joined in the fun and helped to organise... special mention to one of our staff Frances for organising it and to Hollywood Bowl Kirkstall for accommodating us

Details of our next event a Park Run will be coming soon!



Members Council

Our Members Council joined Leeds Learning Disability People's Parliament meeting in March. They met lots of new people and had interesting conversations about transport and being safe on buses. The members council meets 8 times a year. Its main purpose is to provide feedback on People Matters from a member perspective, as well as any external projects. If you are a member and interested in joining the Members Council contact the office.



Meet our staff

"Hello my name is Saul. I am the Training and HR Office Administrator. I have been with People Matters for 7 years, I am happy in my role as, I feel I have progressed each year. I was previously a Volunteer Administrator, and I feel I have developed my skills including how to set up HR and Training systems and maintain them. I also book colleagues on essential courses such as Safeguarding Adults, First-Aid and Manual Handling. I am also the company lead for arranging DBS checks. The best thing about my

job is working with colleagues who are likeminded and want our members, to achieve their goals."
Saul (right) playing Walking Football last summer.





Our good friends at Dataflow offered 2 tickets in their hospitality suite at Elland Road as a prize in our Christmas Raffle. It was won by one of our members Jess who graciously let her mum and dad go in her place. Although a cold night at the beginning of March they saw the whites beat Stoke City 1-0. Thanks to Lee & Matt for hosting and Matt for the photos.



Photos from the evening, Jess's mum and dad enjoying a pre match meal with co-host Lee from Dataflow as well as enjoying the game.





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