

# News Matters

Issue no10 March 2024



Welcome to March's newsletter, we hope that you will enjoy reading about what our members, staff and volunteers have been doing this past month. If you would like to find out more about People Matters and the services we offer, please go to [www.peoplesmattersleeds.co.uk](http://www.peoplesmattersleeds.co.uk)

## Student placement

Eilish completed a 4-week work placement at People Matters at the start of 2024. She tells about her experience below.



### What inspired you to apply for a placement at PM?

I am currently studying to be an Adult Nurse. My course allowed me the opportunity to find a self-sourced placement. I worked for People Matters before I started my nursing journey, and I could think of no better place to come back and help out.

### What has the placement been like?

I have enjoyed my time at People Matters. Seeing some old familiar faces and getting to know new ones has been great. The 4 weeks went far too quickly!

### What kind of tasks have you done during your placement?

I have been involved with some of the groups such as the Wellbeing group, Job Club, Nourishing People and the Teens and Twenties groups in the evening.

### What have you learned or achieved during the placement?

I have learned that if everyone was the same then the world would be very boring.

### What has been the best part about your placement?

My favorite part of the placement has been working with the members and getting to see how People Matters has flourished. Also seeing that it really is a great place to work, and for people with all kinds of abilities and backgrounds to access support.

## Multiply

A number of our members have been picking up a new smartphone or tablet by completing multiply training.

The aim is to support our members with 3 hours of learning to improve their math's skills.

Practical sessions such as checking what change to expect when paying for something in cash have proven popular.



Above Chris (L) and Rajinder (R) working through one of the multiply practical exercises.

People Matters Employment service runs Mondays & Tuesdays.

Nourishing People runs Wednesday to Friday

For further information on either service contact [info@peoplesmattersleeds.co.uk](mailto:info@peoplesmattersleeds.co.uk)

# Fundraising

**BOWLATHON**  
Fundraising for **Pe pleMatters**

Hit the goal  
a 1000 for  
**£1000!**

Scan me!

**TO BOOK YOUR SPOT  
GET IN TOUCH!**

**WHEN?**  
6th March

**WHERE?**  
HOLLYWOOD BOWL  
CARDIGAN FIELDS, KIRKSTALL RD, LEEDS

fundraising@peplemattersleeds.co.uk or  
0113 2346896

Round 1: 12.30pm - 2 games  
Round 2: 6.30pm - 2 games

There's still time to register for one of the 2 session for our Bowlathon. Our aim to to score a 1000 points and raise a £1,000 in doing so. Everyone can be involved and although it would be great to get sponsors to get to achieve our target £1,000 if people don't want to or are worried about it then that's absolutely fine. There is a QR code on the poster to the left, which links to our gofundme page.

Register your interest at [elissa@peplemattersleeds.co.uk](mailto:elissa@peplemattersleeds.co.uk)

Look out for our next event which will be a park run in June. There will be more details in an upcoming issue, so there's plenty of time to dust those trainers off!



Still by far the easiest way to raise funds for People Matters, and one which doesn't cost anything, is by using the Easyfundraising app.

By using the QR code on the left you can sign up which only takes a few moments, and that's it. All you need to do is shop as normal. The app will asks if you would like them to donate to People Matters when you shop online. There are over 7,000 brands participating, and all donations are much appreciated. Our CEO Elissa told us "These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign

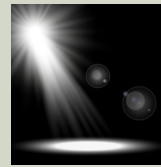
up. It's quick and it's completely FREE. So far I've shopped at Sports Direct, Bloom and Wild, JD sports, Tui and even parking at Manchester airport ! It doesn't matter if the donation is 3p or £30 from the brand, every penny counts!"

Below you can see just a few of the popular brands participating in the scheme



## Social Groups

Our Thursday night adult social group had a great evening here in Barkston House recently perfecting their circus skills. Big thanks to Gem & Rowan from The Feel Good Circus for coming in. You can see below how much fun they had. [facebook.com/thefeelgoodcircus](https://facebook.com/thefeelgoodcircus)



## Member Spotlight



Meet Richard, a member who has been with us one for a considerable length of time, a conservative estimate is well over 10 years. He was first introduced to People Matters through his care manager, something we have him to thank for, as Richard always has a smile on his face and his boundless energy is infectious.

Richard is a member of the Adult group and told me that one of the best places he has been recently was playing golf at Hollywood bowl, which is something that he hopes they do again soon. In the last couple of weeks, Richard has started attending Nourishing People. He has already said that going out on deliveries is the part he likes the most. Richard has a level 2 certificate in food preparation which he achieved with Café Leep.



March is a month where we celebrate Women's History Month, St. Patrick's Day, Daylight savings time and the first day of spring.



If you would like to subscribe to this newsletter, go to our website [www.peoplemattersleeds.co.uk](http://www.peoplemattersleeds.co.uk) and follow the link.



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