

MINUTES
Member Council – meeting 3
Tuesday 8th February 2022 on Zoom



Who was in the meeting?

- Jonathan
- Maisie
- Nathan
- Allana
- Johanna



Introductions

Everyone introduced themselves.



Minutes from the previous meeting

Reviewed the minutes – no changes needed.



People Matters' strategy for 2022 – 2025

We read a new easy read-version of People Matters' strategy for 2022 – 2025. Everyone thought that this version is good because it has pictures and shorter text - it doesn't need any changes.



Updating the Members Guide




We looked at People Matters' Members Guide. Members would like to add this information to the Guide:

- What is the Member Council / what does it do?
- How to get involved if you are interested?



People's Parliament

Johanna contacted the organiser of Leeds Learning Disability People's Parliament. Member Council volunteers are welcome to join People's Parliament meetings. Johanna will email the application to everyone.

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|  | <p>Mental Health Awareness –projects</p> <p>MindWell is a mental health website for people in Leeds. They have made an easy read leaflet called “Take care of your mind and body”: https://www.mindwell-leeds.org.uk/wp-content/uploads/2021/03/Take-care-of-your-mind-and-body-and-Key-contacts-in-Leeds-Accessible.pdf</p> <p>We read the leaflet. Agreed that it should be shared with all members. We can send it out closer to Mental Health Awareness-week (in May).</p> <p>Member Council would like to share some other mental health information on People Matters’ next newsletter, too – will confirm these details in the next meeting.</p> |
|  | <p>Anything else to talk about?</p> <p>Energy bills are getting more expensive this year, but there is information and some support available. Everyone thought that this information should be shared with all members by post so that it's easy to access – we could add this to the next People Matters’ newsletter.</p> |
|  | <p>Next meeting</p> <p>Monday 28th March, 5.00-6.30 pm, on Zoom</p> |

ACTIONS:

- Share minutes with staff and members – Johanna
- Share application to People’s Parliament – Johanna
- Plan mental health information to the newsletter – everyone on 28th March
- Create Mental Health-videos to social media – start planning on 28th March