

Welcome to October's newsletter. We hope that you will enjoy reading about what our members, staff and volunteers have been doing this past month. If you would like to find out more about People Matters, and what we services we offer, go to www.peoplesmattersleeds.co.uk

Leeds Fest 2023

People Matters recently ran an AIR hub at this years Leeds Fest. The station was there for festival goers to ensure that they had the right advice, information and resource to have a great (and safe) festival. Manned entirely by volunteers some of whom don't work for People Matters. The volunteers manned the station 24/7 from Wednesday lunchtime until midnight on Sunday and we'd like to thank them all for their time and helping to keep people safe.



The Reading and Leeds Festivals take place in Reading and Leeds. Leeds can take 75,000. In 2022, each festival drew around 100,000 festivalgoers. The festivals are among the longest-running and largest music events in Britain

Member Spotlight



Rajinder is one of our job club members and recently attended the Volunteering Day with some Leeds Building Society staff along with People Matters staff and volunteers.

This was a great experience, as it gave Rajinder the opportunity to take part in teamwork-building exercises which he found enjoyable and also helped him to develop his problem-solving skills.

Afterwards, he took part in a mock interview between himself and the volunteers with support from Jacqui, his job coach.

Rajinder told us that he felt happy and enthusiastic after completing the interview and it had given him the confidence to talk about his previous work experience and showcase the skills he had learned.

Overall, it was a great day and we hope to do more activities like this in the future.

If you would like to know more about our Employment service
Call Laura on 0113 234 6896



Meet our staff



My name's Leah and I've been working for People Matters since November 2016. However, some of you may not know me as I've been on maternity leave since October 2022!

After an entire year off, I'll be back to work on the 2nd October in the director of operations role. Before I started working for People Matters, I studied psychology at the University of Liverpool. During this time, I volunteered with charities in Leeds and Liverpool that support people with autism, with learning disabilities, and people with mental health conditions. I enjoyed it so much that I decided to do it as a job!

In my spare time, I love to bake, read, travel, and go on walks. Although I can't say I've done much of these things recently with having a new baby!

I've worked at People Matters as a Support Worker, Group Leader for Teens & Twenties, Volunteer Coordinator, Tutor, and Service Manager. I joined People Matters because of its great reputation and values, and I've stayed because of the supportive, friendly and inclusive community. I'm looking forward to seeing you all soon!

Did You Know that?

October was the eighth month of the Roman calendar and was called "Winterfylleth" by the Anglo-Saxons.

October is not mentioned in any of Shakespeare's plays

People Matters Employment Service
Four lovely volunteers from Leeds Building Society visited our Job club recently. They ran mock interviews for the members and participated in fun teambuilding activities.

The day was a great success: the group members said that they felt more confident about job interviews after practicing with the volunteers.

Thank you Hayley, Karen, Aneesha and Sarah for your help!



Get Online Week

Get Online Week: is the UK's largest and longest-running annual digital inclusion campaign empowering people with the skills and means to use the internet. Taking place October 16-22nd 2023.

Get Online Week is a campaign by Good Things Foundation and made possible by the National Digital Inclusion Network who host events during the week for their local communities.

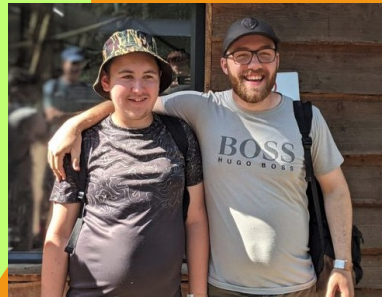
Find out more at

<https://www.goodthingsfoundation.org/>



Teens & Twenties

The group have continued their summer adventures with trips to the Yorkshire Wildlife Park, an arts day in Leeds and a visit to Blackpool pleasure beach to name only a few!



Fundraising

Have you ever wondered how you can support People Matters?

We are looking to raise money to continue to improve our current services, develop new services and invest in the organisation so we can do even more to support our wonderful members and staff.

One way to support us is through Easyfundraising and the great thing is it costs you nothing! As you do your normal internet shopping, the places you buy from donate some cash to us. Interested?

This is how to do it. Go to www.easyfundraising.org.uk (the Easyfundraising website) and sign up. You will be asked which charity you would like to support, type People Matters (West Yorkshire) and from then on it's automatic, if you use a laptop or desktop PC there is an extension to add to your web browser, this is great as you see how much the charity will receive, this is usually shown as a percentage. It won't make your online shopping any dearer, but you can shop knowing you are helping our charity.

The Easyfundraising logo is shown on the right.



Another way you can help us, is by making a donation, if you would like to donate to our charity go to peoplesmattersleeds.co.uk and follow the link to our gofundme page

A £100 donation could provide:

- A weeks job experience in Nourishing People (our micro social enterprise) for one member.**
- Minibus hire for a trip out for the Teens & Twenties group.**
- One member to attend a wellbeing group for 10 weeks**



You can also sign up to receive a digital copy our Newsletter by going to our website at peoplesmattersleeds.co.uk and following the link on our home page.

#InLeedsPeopleMatter

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