

My Body My Choice

What is a sexual health clinic? And how can I access one?

We are running 2 groups weekly where you can meet new people and learn about your body, your health and your choices in a relaxed and safe space. We are doing a mixture of fun activities and, talking to lots of cool people around Leeds, who can help you make decisions about your body which are right for you.

Open to all genders

Thursdays 11:00am – 1:00pm

Tuesdays 5:30pm – 7:30pm

Groups held at

Barkston house, Domestic Street Light Industrial Estate, Leeds LS11 9RT



If you are interested in joining one of our groups and want to find out more please get in touch on 0113 234 6896 or email info@peoplesmattersleeds.co.uk

I feel anxious and worried a lot how can I get help?

What is a smear test?
And why has my doctor sent me a letter about it?