



## Volunteer with People Matters!

People Matters is a charity that supports people with learning disabilities, autism and other hidden disabilities to live fulfilling lives and achieve their full potential. We have many fun and rewarding volunteering opportunities within the organisation.



### Volunteer with our social groups

We runs five social groups for young people aged 14-25 and one adult social group for people 18+ that take place in various locations in Leeds. The sessions are member led, so the group decide what activity they would like do. Some popular options are bowling, karaoke, cooking, art and club nights. People Matters also offer a teens club for people 11-18 which is based in Beeston. As a volunteer, you would work with staff to support group members to plan and undertake activities of their choice within the community.



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## Volunteer with adult learning

We run a variety of courses which usually run Monday- Friday between 10.30 and 16.30 and last between two and three hours. Some examples of our courses are beading, first aid, get active, and computer skills. Volunteers would work with staff to support group members to take part in the course, develop their skills and encourage them to be as independent as possible.



## Volunteer and gain work experience across People Matters

People Matters offer many other volunteering opportunities within the organisation such as fundraising, work placements, website design, filmmaking, and short micro-volunteering projects. We also welcome ideas and offers of skills that could benefit us as an organisation. Volunteer expenses are paid and training is provided.



If you are interested or want more information please contact Leah Cork on [leah@peoplesmattersleeds.co.uk](mailto:leah@peoplesmattersleeds.co.uk)



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